



Alabama – Youth Suicide

Statistical Impact

According to the latest CDC's WISOARS National Data Reporting (2015):

- ❖ Suicide is the 4th leading cause of death for ages 10-14 in Alabama.
- ❖ Suicide is the 3rd leading cause of death for ages 12-18 (middle and high school ages) in Alabama.
- ❖ Suicide is the 3rd leading cause of death for college-age youth ages 18-22 in Alabama.
- ❖ When examined as an age group 10-24 comparison, suicide is the 3rd leading overall cause of death for Alabama. In Alabama, every 4.9 days on an average a young person (ages 10-24) is lost to this “Silent Epidemic” of youth suicide.

Alabama 2015 Youth Risk Behavioral Survey (CDC): (Most Recent Released Report)

When young people were asked in Alabama:

- ***“Have you experienced the feeling of hopelessness and sadness for a constant period of two weeks or greater during the past twelve months (possible beginning of clinical depression)?”***
29.3% answered YES or almost 1 out of every 3 young people
Compared to Nationally – 29.9% (depression is a leading cause of suicide)
This equates to 98,435 youth in the state that will have these feelings in the next 12 months ***if nothing is done differently.***
- ***“Have you seriously considered suicide in the past twelve months?”***
17.5% answered YES or over 1 out of every 6 young people.
Compared to Nationally – 17.7%
This equates to 58,792 youth in the state that will consider suicide in the next 12 months ***if nothing is done differently.***
- ***“Have you made a plan to commit suicide in the past twelve months?”***
13.7% answered YES or almost 1 out of every 7 young people.
Compared to Nationally – 14.6%
This equates to 46,026 youth in the state that will make a plan ***if nothing is done differently.***
- ***“Have you attempted suicide in the past twelve months?”***
11.2% answered YES or over 1 out of every 9 young people.
Compared to Nationally – 8.6%
This equates to 37,627 youth in the state that will make an attempt in the next 12 months ***if nothing is done differently.***
This is an average of 103 per day.

***Projected using the National and State 2015 YRBS and the State 2013-14 School Population for Grades 7-12**

“Let’s Do Something Differently...”