

Utah – Youth Suicide Statistical Impact



According to the latest CDC's WISOARS National Data Reporting (2015):

- ❖ Suicide is the 1st leading cause of death for ages 10-14 in Utah.
- ❖ Suicide is the 1st leading cause of death for ages 12-18 (middle and high school ages) in Utah.
- ❖ Suicide is the 1st leading cause of death for college-age youth ages 18-22 in Utah.
- ❖ When examined as an age group 10-24 comparison, suicide is the 1st leading overall cause of death for Utah's youth. In Utah, every 2.97 days on an average a young person (ages 10-24) is lost to this "Silent Epidemic" of youth suicide.

Utah 2015 Youth Risk Behavioral Survey: (Most Recent Released Report)

When young people were asked in Utah:

- ***"Have you experienced the feeling of hopelessness and sadness for a constant period of two weeks or greater during the past twelve months (possible beginning of clinical depression)?"***
29.9% answered YES or almost 1 out of every 3 young people
Compared to Nationally – 29.9% (depression is a leading cause of suicide)
This equates to 79,940 youth in Utah that will have these feelings in the next 12 months ***if nothing is done differently.***
- ***"Have you seriously considered suicide in the past twelve months?"***
17.7% answered YES or over 1 out of every 6 young people.
Compared to Nationally – 17.7%
This equates to 47,322 youth in Utah that will consider suicide in the next 12 months ***if nothing is done differently.***
- ***"Have you made a plan to commit suicide in the past twelve months?"***
14.6% answered YES or over 1 out of every 7 young people.
Compared to Nationally – 14.6%
This equates to 39,034 youth in Utah that will make a plan ***if nothing is done differently.***
- ***"Have you attempted suicide in the past twelve months?"***
8.6% answered YES or over 1 out of every 14 young people.
Compared to Nationally – 8.6%
This equates to 22,992 youth in Utah that will make an attempt in the next 12 months ***if nothing is done differently.***
This is an average of 63 per day.

"Let's Do Something Differently..."

* 2015 YRBS-Information provide by Utah Dept. of Health. Did not report via CDC national report, Projected using the National 2015 YRBS and the State 2013-14 School Population for Grades 7-12