

## Are you dealing with a crisis event?

Unfortunately, if you work with young people at a school, church, or youth organization, you may be faced with a crisis event such as a suicide attempt, suicide, auto accident, or school violence. There are many good guides available that list steps to help an educator or youth worker address these crisis events. We have found, however, that some may not feel confident or comfortable addressing those crisis events even with the use of supporting materials. Reading a protocol or watching a support module does not allow for the opportunity to ask questions or receive clarification on your specific situation.

## We want to help!

Crisis Support Team (CST) is a collaborative effort between The Jason Foundation, Inc. and Acadia Healthcare. The only national service of its kind, CST is a free resource for guidance and advice when dealing with traumatic events that could affect students' and young people's emotional health in a school, church, youth organization, or other setting. CST will provide telephonic assistance from clinical professionals who will listen and share insights on the most appropriate way to handle a crisis event. This service is NOT crisis counseling for individuals, but rather guidance for administrators or leaders responding to groups dealing with adverse events.

## **How to access Crisis Support Team**

First contact is made via a special website. Go to www.jasonfoundation.com/cst, fill out a short informational form and you are on your way to having help guide your efforts to address a crisis situation. Connection to a clinical advisor typically occurs within 24 hours of contacting the Team. Weekends or holidays can delay the response to the next business day.

CST is not a crisis hotline. In the event that you are experiencing an emergency, you should dial 911.