

FOR IMMEDIATE RELEASE

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THE JASON FOUNDATION RELEASES NEW YOUTH SUICIDE PREVENTION TRAININGS

(Hendersonville, TN – July 31, 2017) The Jason Foundation, Inc. (JFI), a nationally recognized leader in youth suicide awareness and prevention, announced that three new training modules have been added to their Online Professional Development Library. The training modules are suitable for school personnel, youth workers, first responders, parents and any adults who interact with young people. The trainings help teach the user to recognize a young person who may be struggling, how to approach that youth, and what resources are available for help.

All training modules are now available via the Online Professional Development Library at www.jasonfoundation.com/courses.

The Library contains multiple two-hour trainings that extensively delve into aspects of youth suicide. The one-hour modules discuss how different topics relate to youth suicide. The three new one-hour modules examine the following topics:

<u>Childhood and Teen Depression for Educators</u> looks at depression in youth. Childhood and teen depression differs greatly from adult depression in many aspects. Depression is one of the leading causes of suicide attempts.

<u>Suicide Postvention: The Critical Role of Educators</u> discusses creating an action plan for the aftermath of a suicide. There are many actions that schools should avoid in the wake of a student suicide. The presenters examine the scope and magnitude of people that are affected by a suicide.

<u>Supporting LGBT Students in Schools: Suicide Prevention Among LGBT Youth</u> examines how suicide affects the LGBTQ community. LGBTQ students are more likely to have suicidal thoughts and attempts than their heterosexual peers. The school environment can have an enormous impact on a young person's life.

Suicide is the 2nd leading cause of death for ages 10-24. (2015 CDC WISQARS) Four out of five young people contemplating suicide show clear warning signs prior to the attempt. It is imperative that everyone knows how to recognize signs of concern of at-risk youth and are prepared to react should they see these signs.

About the Company:

The Jason Foundation, Inc. (JFI) is a non-profit organization dedicated to fighting the "Silent Epidemic" of youth suicide through educational programs for young people, educators, parents, and other community groups. JFI, headquartered in Hendersonville, TN, was founded in 1997 after the tragic death of Jason Flatt, the 16-year-old son of Clark Flatt. For more information, please visit JFI's website, http://www.jasonfoundation.com

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