



**The Jason Foundation, Inc.**

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**FOR IMMEDIATE RELEASE**

**The Jason Foundation, Inc. Recognizes September as Suicide Prevention Month**

HENDERSONVILLE, Tenn., August 28, 2025 -- [The Jason Foundation, Inc.](#) (JFI), a nationally recognized leader in youth and young adult suicide awareness and prevention, proudly recognizes and supports September as [National Suicide Prevention Month](#). Throughout the month, individuals and organizations across the country highlight the problem of suicide and advocate for its prevention. In 2023, we lost more than 49,000 people in the country to suicide. It is the third leading cause of death for middle and high school-aged youth.

The Centers for Disease Control and Prevention (CDC) monitors behavioral changes in youth through their [Youth Risk Behavior Surveillance System](#) (YRBSS). The 2023 report represents the most recent survey data, tracking 2-year changes in the behaviors and experiences of high school students.

The report details behaviors and experiences that contribute to the leading causes of death. Among the immensely useful information are highlights concerning the mental well-being of our nation's youth.

In 2023:

- Almost 40% of all high school students reported experiencing a “persistent feeling of sadness or hopelessness”
- 20.4% of all high school students seriously considered attempting suicide
- 9.5% of high school students attempted suicide one or more times

Talking about suicide and suicidal thoughts can encourage important conversations about mental health and potentially save lives. Suicide Prevention Month is an opportunity to remember those affected by suicide, raise awareness, and support prevention efforts. Reach out to people who have been personally impacted by suicide and connect those struggling with suicidal thoughts to professional counselors and treatment services for help.

The Jason Foundation provides numerous ways for you to get involved. To learn more, visit their website and click on the “How to Get Involved” tab. There's also a special section dedicated to Suicide Prevention Month.

#### About the Organization

The Jason Foundation is a non-profit organization dedicated to fighting the “Silent Epidemic” of youth and young adult suicide through educational programs for young people, educators, parents, and other community groups. Since its inception, The Jason Foundation has never charged a school, family, or community for using its programs or materials. For more information or to find the closest JFI Affiliate Office, visit their website. [www.jasonfoundation.com](http://www.jasonfoundation.com)

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